Handcycle Adapter 2

HCT2 · Suggested retail **$119**

Bolts onto an OverDrive (MR210) or Double OverDrive (MR220) and turns it into a trainer for recumbent handcycles. The trainer is sold separately.



How it works

The handcycle's front wheel rolls onto the drums. Two upright posts touch the footrests just ahead of the steering line and keep the handcycle pointed straight. The footrests stay on, so the rider trains in their normal position, with ARC resistance that builds as they go faster.

What is in the box

Two upright posts. Keep the handcycle pointed straight while the rider trains.

Two adjustment arms. Set the posts to fit the handcycle's footrests.

Center tray and hardware. Bolts onto the trainer with no drilling.

Tools you need. A 6 mm hex key and a 17 mm wrench, not included.

Who it is for

Riders of recumbent-style handcycles whose footrests attach to the fork and reach ahead of the front axle. Not for upright or kneeling handcycles, or handcycle attachments for wheelchairs.

Specifications

Works with	OverDrive (MR210) or Double OverDrive (MR220). Not the older MR110 or MR120.
Resistance	From the trainer it mounts on
Assembly	5 steps, shown in the HCT2 owner manual
Box size	15 x 10 x 4 in (38 x 25 x 10 cm)
Shipped weight	About 7.8 lb (3.5 kg)
Warranty	Lifetime

